

# Orienteering Map Adventures for Schools, Camps and Centers

@ **Smithtown East HS and Avalon Park and Preserve in Stony Brook**

**Saturday, April 9 from 9 am - 4 pm**

**FREE for NYS AHPERD Members and \$ 25 for Non-Members**



Instructors: *Ed Hicks of Orienteering Unlimited*

*John Pekarik*

[www.orienteeingunlimited.com](http://www.orienteeingunlimited.com)

President of L.I. Orienteering Club

## Description

Orienteering is an international sport, suitable for all ages, in which participants use a map as their primary tool to navigate to a series of specific locations, and then prove they found them. In a school or camp setting, the proof can be information to gather, problems to solve, skills to practice or anything you want.

*Map Adventures make it easy, indoors or out, to infuse a “treasure hunt” sense of play into any objective – from team-building to subject mastery, facility orientation to a fun fitness program – all while exercising both body and mind.*

## Content

- ❑ Basic Introduction to Orienteering
- ❑ In-Room Map Adventure – *Basics of Map Reading and Navigation*
- ❑ Map Symbol Relay – *Discovery Orienteering Activity*
- ❑ Map-Making Made Easy
- ❑ Participate on Different Types of Orienteering Courses (Cross Country, Score and Motala in the afternoon at Avalon Park)
- ❑ Experiential Map Adventures
  - Variety of Formats
    - Activities for all ages
    - Information Gathering – Problem-Solving
    - Versions for Handicapped
    - Mass Starts / Individual Starts
    - Team and Individual Formats
    - Recreational, Cooperative, and Competitive Formats*
  - Variety of Objectives (*Blending Fun and Excitement into Effortless Learning*)
    - Team-Building – Problem-Solving on the Fly
    - Practical Applications that Enhance Any Current Program
    - Facility Orientations that Play Like a Game
    - Special Student/Member Events
    - Unique Multidisciplinary Challenges
    - Lifelong Map Navigation Skills

## Format

This will be both an **experiential** and a **brainstorming** workshop. First you will participate in a range of activities that model a variety of objectives. Then we will complete the day exploring specific, concrete situations and opportunities that you face in your schools, camps, and centers. Lastly you will brainstorm and problem-solving how you can integrate what you have experienced into creative partnerships with any department in your school and any aspect of your programs.

## Instructors

**Ed Hicks** lives in Somers, NY, and is a retired NY State teacher who pioneered the outdoor education and computer programs in his school district in the 70's and 80's. For over three decades, Ed has been a tireless champion of orienteering regionally and nationally, especially in how it can integrate and enrich lifetime learning in all settings with any age group. Since founding Orienteering Unlimited in 1979, he has lead Map Adventure programs with countless schools, camps, and youth groups, presented staff trainings and corporate programs, and has taught a 3-credit graduate course on the subject. Ed has also produced over 100 orienteering-quality maps of state parks, camps, school grounds, conference and nature centers.

## REGISTRATION FORM

### Orienteering Map Adventures

Saturday, April 9 – Smithtown East HS and Avalon Park and Preserve **from 9 am – 4 PM**

**Meet at Smithtown East at 10 am** -Will Travel to Avalon Park around 1 pm. (10 min Drive)

Name \_\_\_\_\_ Date: \_\_\_\_\_

Home Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Email \_\_\_\_\_ Phone \_\_\_\_\_

School/Organization \_\_\_\_\_ Position \_\_\_\_\_

Address \_\_\_\_\_

**NYS AHPERD Membership Number:** \_\_\_\_\_

**FEE** NYS AHPERD Member - FREE

Non-Member - \$ 25

- Check or Money Order** – payable to NYS AHPERD – Suffolk Zone  
Mail to – Drew Walker Hampton Bays UFSD, 88 Argonne Rd.  
Hampton Bays, NY 11946.
- Credit Card** (Visa, Master Card, Discover)
- Purchase Orders also accepted**

**Credit Card Information OR Information Needed to Register by Phone (631) 723-2110 ext. 3201**

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**For more information and any questions you may have, please contact  
Drew Walker – (631) 723-2100 ext. 3201– [dwalker@hbschools.us](mailto:dwalker@hbschools.us)**