

Workshop Schedule – Tristate Area – Winter/Spring 2010

ideal for teachers and youth leaders

January 28-30

ANJEE: Alliance for New Jersey Environmental Education Conference
Wyndham Princeton Forrestal Conference Center, Plainsboro, NJ

Conference Website: www.anjee.net/conference/

Full Day Workshop - Pre-Registration Required – Fee: \$100.00

Thursday, January 28 – 9:00 – 4:00pm

ORIENTEERING MAP ADVENTURES

Infusing the Fun of a Treasure Hunt Into Any Program

Ed Hicks and Bob Burg – Orienteering Unlimited, Inc



Imagine coupling programs you already offer with the natural excitement of a treasure hunt. Based on the “thinking sport” of Orienteering, map adventures provide a great way to introduce visitors to your facility, build teamwork, set up a permanent activity always available to your group, integrate any subject matter into the format of a game, or learn a lifetime activity suited to your ability and ambition. The only limit is your imagination.

This hands-on workshop will walk you through a simple sequence of map adventures that engage both body and mind, all at your own pace. Throughout the day, we will discuss how to adapt Map Adventures to your facility or organization. Activities may include:

- **In-Room Map Adventure Game** – *let us get you lost in a room.*
- **Map Symbol Relay** – *implants map symbols into your brain in 15 minutes.*
- **Basic Map Handling Techniques** – *to help you make sense of any map*
- **Basic Map Navigation Skills** – *so you need never get lost again*
- **Making Simple Maps** – *creating a common language*
- **Varieties of Orienteering Formats** – *throughout the day on the Forrestal Campus*
e.g. Discovery-O, Individual and Team Relays, and Mass Start Score-O's

If you already have an idea of what Orienteering is, suspend any preconceptions and previous experience of compass games and pace counting. Prepare yourself to be surprised and delighted, ready to adapt a wealth of ideas and activities to your school, center, or organization.

Dress appropriately for physical activity (at your own pace) and for short forays outside (weather permitting). Please bring your lunch with you so that we can maximize our workshop time.

Mini Workshops – During Conference

Friday – January 29 – 2:00 - 4:00pm

Saturday – January 30 – 10:00am - 12:00pm

ORIENTEERING MAP ADVENTURES

Infusing the Fun of a Treasure Hunt Into Any Program

Ed Hicks and Bob Burg – Orienteering Unlimited, Inc

Imagine coupling programs you already offer with the natural excitement of a treasure hunt. Based on the “thinking sport” of Orienteering, this fun, hands-on program will give you a brief experience of the creative possibilities of integrating map navigation into any classroom, center, or group activity. Join us for Map Adventures – indoors & out – that exercise both body and mind.

Dress appropriately for physical activity (at your own pace) and for short forays outside (weather permitting).

All Levels: Suggested for F, NF, Curr, Sch Adm, NF, Admin, Scout, Adults, Fam

March 5

Nassau AHPERD

Adelphi University, Rockville Center, NY

Friday, March 5 – 1:00 - 2:00pm

Conference Website: www.nassauzone.org/

MULTIDISCIPLINARY TEACHING TECHNIQUES TAUGHT THROUGH MAP ADVENTURES (ORIENTEERING)

Ed Hicks – Orienteering Unlimited, Inc.

Orienteering is a map-navigating sport that brings the fun of a treasure hunt to any program you are designing. Experience a step-by-step progression of exercises that foster problem solving, decision-making, team building and self-confidence, exercises intended to inspire a wide range of applications that you can use immediately with any subject matter, any age group, and in any setting.

March 19

ACA Tristate Convention

Atlantic City Convention Hall, NJ

Friday, March 19, 2010 – 8:00 - 9:15am

Conference website: <http://www.aca-ny.org/tristate/>

MAP ADVENTURES (Orienteering)

Ed Hicks and Bob Burg – Orienteering Unlimited, Inc.

This workshop will lead participants experientially through a progression of Map Adventure formats that can easily be incorporated into any camp program. These activities inject the natural excitement of a treasure hunt into virtually any objective, from camp orientations to team-building, habitat studies to adventure programs, indoors or out, in friendly competition or events that reward team strategy and cooperation.

Map Adventures are based on the "Thinking Sport" of Orienteering – an international sport suitable for all ages in which participants use a map as their primary tool to navigate to a series of specific locations, and then prove they found them. In a camp setting, the proof can be information to gather, problems to solve, skills to practice, anything you want, all while exercising both body and mind.

If you already have an idea of what Orienteering is, suspend any preconceptions and previous experience of compass games and pace counting. Prepare yourself to be surprised and delighted, ready to adapt a wealth of ideas and activities to your program.

Workshop Outline

Name Tag Map Game – Group Ice-Breaker

Introduction to Simple Map-Making

In-Room Game Format – Brief Sample

Basic Map Navigation Skills

Orienteering Power Point Introduction

Discovery Orienteering Team Event – Using Entire Conference Facility

Brainstorming Camp Applications

March 20

Pinelands Short Course

Burlington County College, NJ – Special Orienteering Field Trips

Saturday, March 20

Workshop Website – www.state.nj.us/pinelands/about/events

Morning Program – 9am to Noon – Whitesbog Village

Part One of an All-Day Field Trip Adventure (See ***Orienteering as a Treasure Hunt in the Woods***)
Can be attended separately or – even better – in conjunction with the Afternoon Program.

Treasure Hunt Formats for Schools and Group Events

For Teachers, Group Leaders, and Everyone!

Bob Burg – Orienteering Unlimited, Inc and Delaware Valley Orienteering Association

Orienteering is a map navigating adventure that can be applied creatively to virtually any objective, any age group, any setting. Put away your compass, pace-counting, and pre-conceptions to find out how maps can be our friends, and how to use them in uniquely engaging treasure hunt formats to master subject matter, develop self-confidence and teamwork, and to discover your property as if for the first time – all while having loads of fun.

Please wear clothes suited for walking (or running, your choice) in whatever the day's weather. Participate in all activities at your own pace. Because maps need to be printed for each participant, late registration will be limited. Any Questions? Contact Bob at (856) 983-9449 or bobburg@verizon.net.

Afternoon Program – 1:15 to 3:30pm – Brendan Byrne State Forest (aka Lebanon St Forest)

Part Two of an All-Day Field Trip Adventure (See **Treasure Hunt Formats for Schools and Group Events**)
Can be attended separately or – even better – in conjunction with the Morning Program.

Orienteering As a Treasure Hunt in the Woods

A Self-Paced Lifetime Sport – Groups and Families Welcomed

Bob Burg – Orienteering Unlimited, Inc and Delaware Valley Orienteering Association

Come and experience the real thing – navigating through the Pinelands on a beautiful O-map. Orienteering serves as a great way to develop all sorts of lifetime skills while enjoying some of the finest parks in the Delaware Valley – equally suited for everything from a leisurely walk in the woods to a cross-terrain competition. We will start with a guided map walk, leaving trails behind to read our detailed topo-map as easily as a road map. Then everyone gets the chance to walk/run a beginner or intermediate course, to finish off the day in style. *For those who attend the morning program, this program will apply everything we cover in the morning, while giving you the experience of classic orienteering out in the woods.*

Please wear clothes suited for walking (or running, your choice) in whatever the day's weather. Participate in all activities at your own pace. Because maps need to be printed for each participant, late registration will be limited. Any Questions? Contact Bob at (856) 983-9449 or bobburg@verizon.net.

For staff trainings and group programs contact:

www.orienteingunlimited.com

***Ed Hicks – (914) 248-5957
3 Jan Ridge Road, Somers, NY 10589
edhicks@orienteingunlimited.com***

***Bob Burg – (856) 983-9449
211 East Lake Blvd, Medford, NJ 08055
bobburg@verizon.net***

Serving Corporations, Schools, Youth Groups, Nature Centers, Camps and Parks Since 1979